

Childcare Connections

Standing Method Diaper Changing

Standing diaper changes can be used for older infants, toddlers and preschoolers, who can stand, helping making diaper changes easier and allowing the child to participate in their diapering routine.

Tips for standing diaper changing

Prepare your space - Preferably in the bathroom or designated changing area with a sink, on a non-porous surface.

1. Have all materials (gloves, wipes, diapers, creams, plastic bags, and spare clothes if needed) within reach of the changing area
2. Have a clean and stable place for child to balance and hold on to
3. The changing area should be easily disinfected and cleaned and the floor should be lined with disposable changing mat or examining paper if necessary

Steps

1. Put on gloves
2. Coach/assist child in pulling down or remove clothing and diaper
3. Coach/assist child in cleaning diaper area front to back
4. Put soiled items in plastic bag (if applicable) and dispose
5. Remove gloves
6. Assist / Coach child in putting clean diaper/pull-up and clothing back on
7. Wash child and adult hands
8. Clean and disinfect the area and any contaminated items
9. Wash hands



Information retrieved from: [Stand Up Diapering \(snohd.org\)](https://www.snohd.org) ; [Standing Nappy Changes: Why & How | Montessori Child](#)

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GOVERNMENT OF BERMUDA

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