

THE ECONOMIC DEVELOPMENT DEPARTMENT

CYBERTIPS DIGITAL SAFETY ACTIVITY BOOK



GOVERNMENT OF BERMUDA
Economic Development Department



WELCOME TO THE ECONOMIC DEVELOPMENT DEPARTMENT'S CYBERTIPS DIGITAL SAFETY ACTIVITY BOOK

THIS INTERACTIVE ACTIVITY BOOK HELPS TEACH YOUNG STUDENTS HOW TO MAKE GOOD CHOICES WHEN USING THE INTERNET. STUDENTS WILL HAVE OPPORTUNITY TO GUIDE BERMUDA'S ONLINE SAFETY MASCOT, CYBER CYD, THROUGH REAL LIFE SITUATIONS.

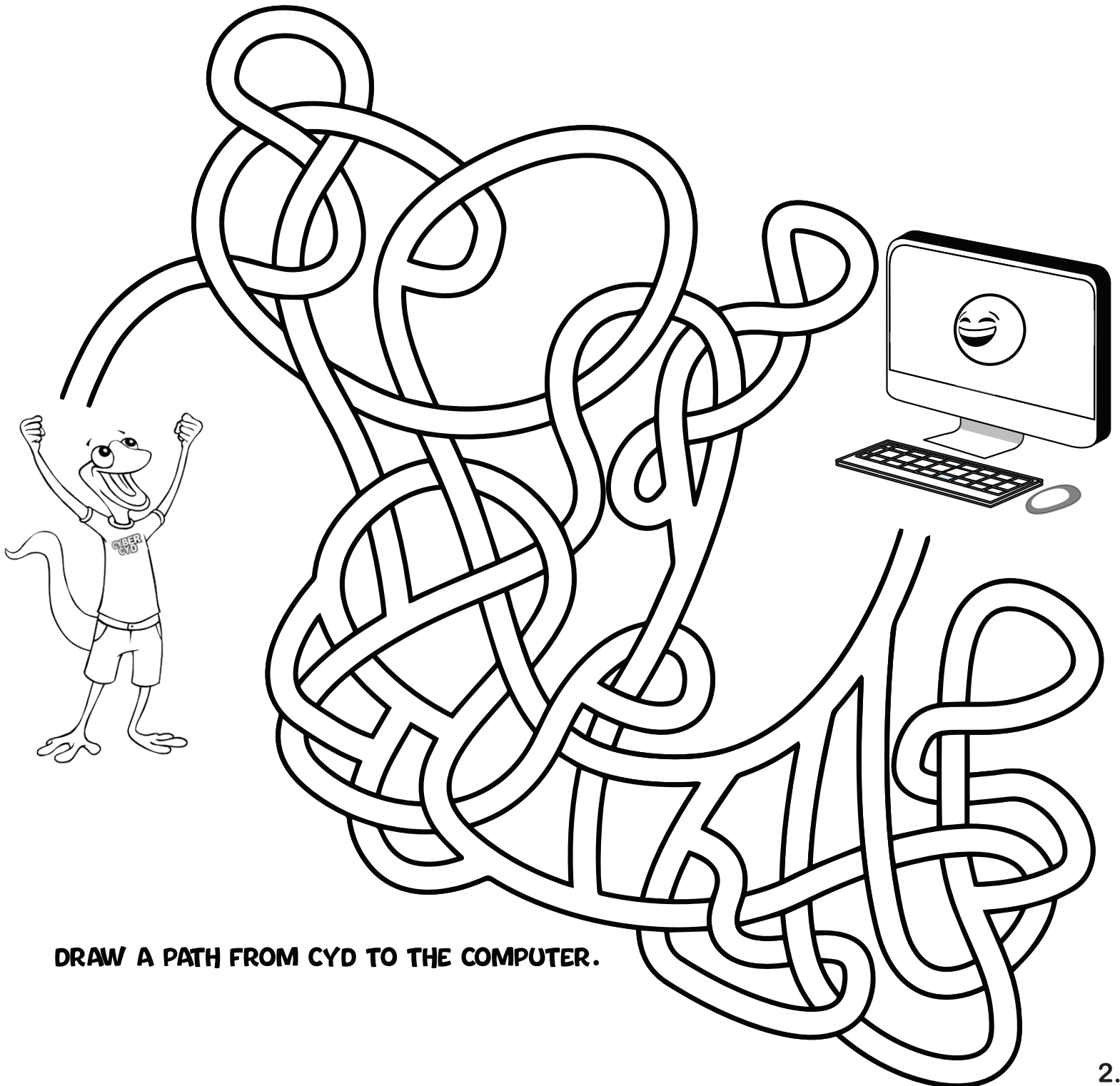


**MORE INFORMATION ON DIGITAL CITIZENSHIP AND INTERNET SAFETY CAN BE FOUND ON
THE CYBERTIPS WEBSITE WWW.CYBERTIPS.BM**

BEING A GOOD DIGITAL CITIZEN

BEING A GOOD ONLINE CITIZEN IS MORE THAN BEING A SAFE INTERNET USER—IT'S ABOUT BEING RESPONSIBLE, SMART, AND HAVING RESPECT FOR YOURSELF AND OTHERS. THE ROAD TO GOOD DIGITAL CITIZENSHIP ISN'T ALWAYS EASY BUT CYBER CYD WANTS YOU TO REMEMBER TO:

1. TREAT OTHERS THE WAY YOU WANT TO BE TREATED.
2. BE SAFE. NEVER GIVE OUT ANY PERSONAL INFORMATION, PASSWORDS, ADDRESSES, ETC
3. KNOW THE RULES. TALK TO YOUR PARENTS OR TEACHERS ABOUT WHAT YOU CAN AND CAN'T DO ONLINE.
4. BE VIGILANT. IF YOU SEE SOMETHING ONLINE THAT MAY BE HARMFUL TO SOMEONE ELSE, REPORT IT TO THE SITE'S AUTHORITIES OR AN ADULT YOU TRUST.



DRAW A PATH FROM CYD TO THE COMPUTER.

ASK FOR HELP WHEN YOU NEED IT

WHEN YOU SEE SOMETHING ONLINE THAT MAKES YOU FEEL UNCOMFORTABLE, TALK TO A TRUSTED ADULT AND BE HONEST ABOUT YOUR ONLINE EXPERIENCE. YOUR TRUSTED ADULT SHOULD BE ABLE TO ADVISE WITH APPROPRIATE NEXT STEPS.



CYBER CYD SAW SOMETHING ONLINE THAT MADE HIM UNCOMFORTABLE SO HE ASKED HIS DAD FOR HELP. WHO IS YOUR TRUSTED ADULT?

THINK BEFORE YOU POST

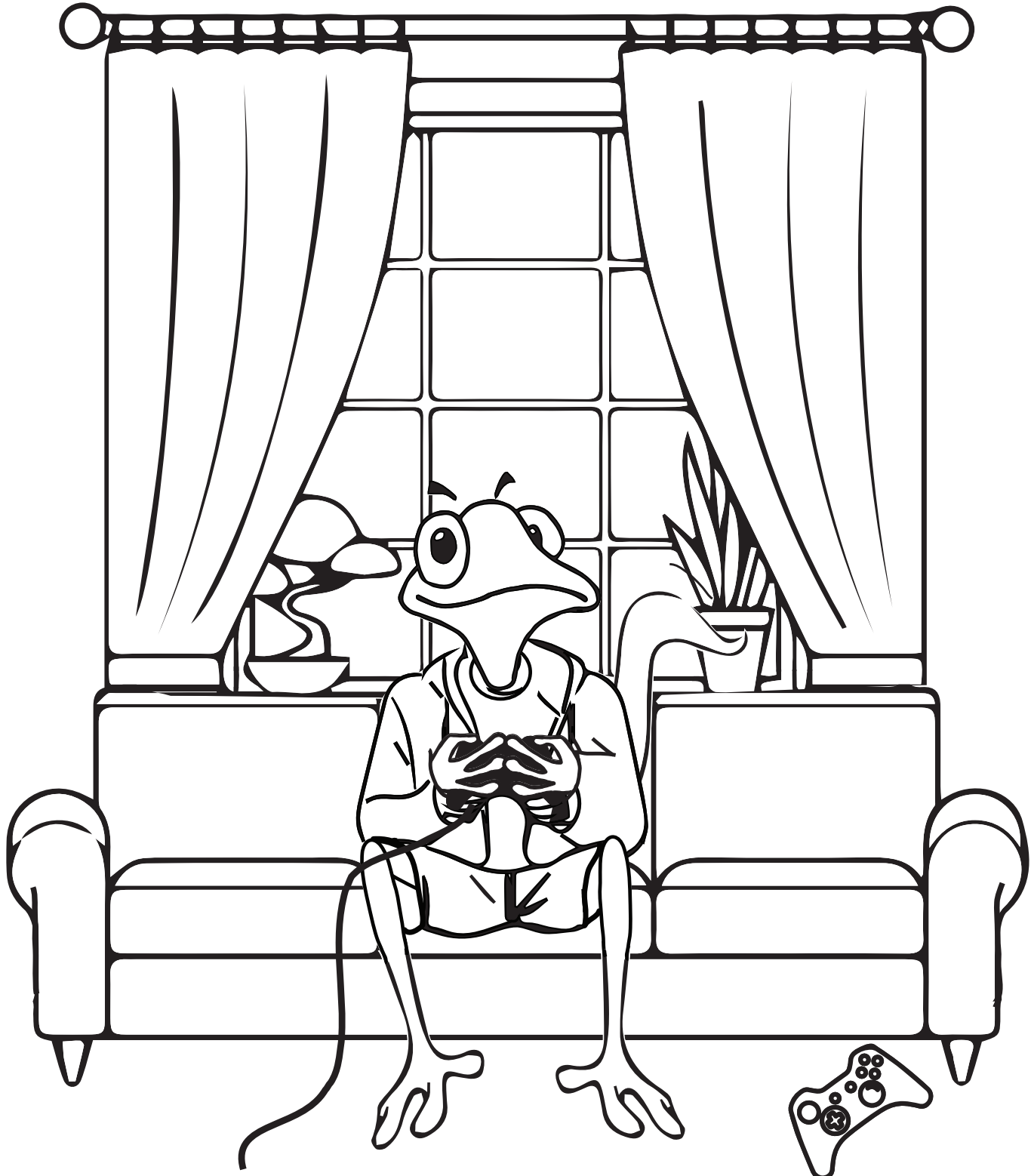
WHAT YOU POST ONLINE CAN AFFECT OTHERS. BEFORE POSTING OR COMMENTING ONLINE ASK YOURSELF, "IS THIS SOMETHING I WOULD BE PROUD TO SHOW MY MOM?" ONCE SOMETHING IS PUBLISHED ON THE INTERNET, IT IS LIKELY THERE FOR GOOD.



YOUR DIGITAL REPUTATION CAN AFFECT YOUR FRIENDSHIPS, RELATIONSHIPS AND EVEN YOUR JOB PROSPECTS FOR THE REST OF YOUR LIFE, SO IT'S VERY IMPORTANT THAT YOU ARE CAREFUL ABOUT THE PICTURE YOU PAINT OF YOURSELF ONLINE.

REMEMBER TO FIND A BALANCE

VIDEO GAMES CAN BE A FUN LEARNING EXPERIENCE BUT IT'S IMPORTANT FOR YOU TO BALANCE OVERALL SCREEN TIME WITH OTHER ACTIVITIES. THESE INCLUDE PHYSICALLY ACTIVE PLAY, READING AND SOCIAL TIME WITH FAMILY AND FRIENDS. DON'T SPEND ALL OF YOUR FREE TIME ONLINE. DON'T FORGET THAT THE REAL WORLD, REAL PEOPLE, AND REAL HUMAN INTERACTION PROVIDE A LOT OF LESSONS AND EXPERIENCES, TOO!



CYBER CYD MADE AN AGREEMENT WITH HIS PARENTS THAT HE WILL ONLY SPEND 30 MINUTES GAMING EACH DAY. HAVE YOU MADE A SCREEN TIME AGREEMENT WITH YOUR PARENTS?

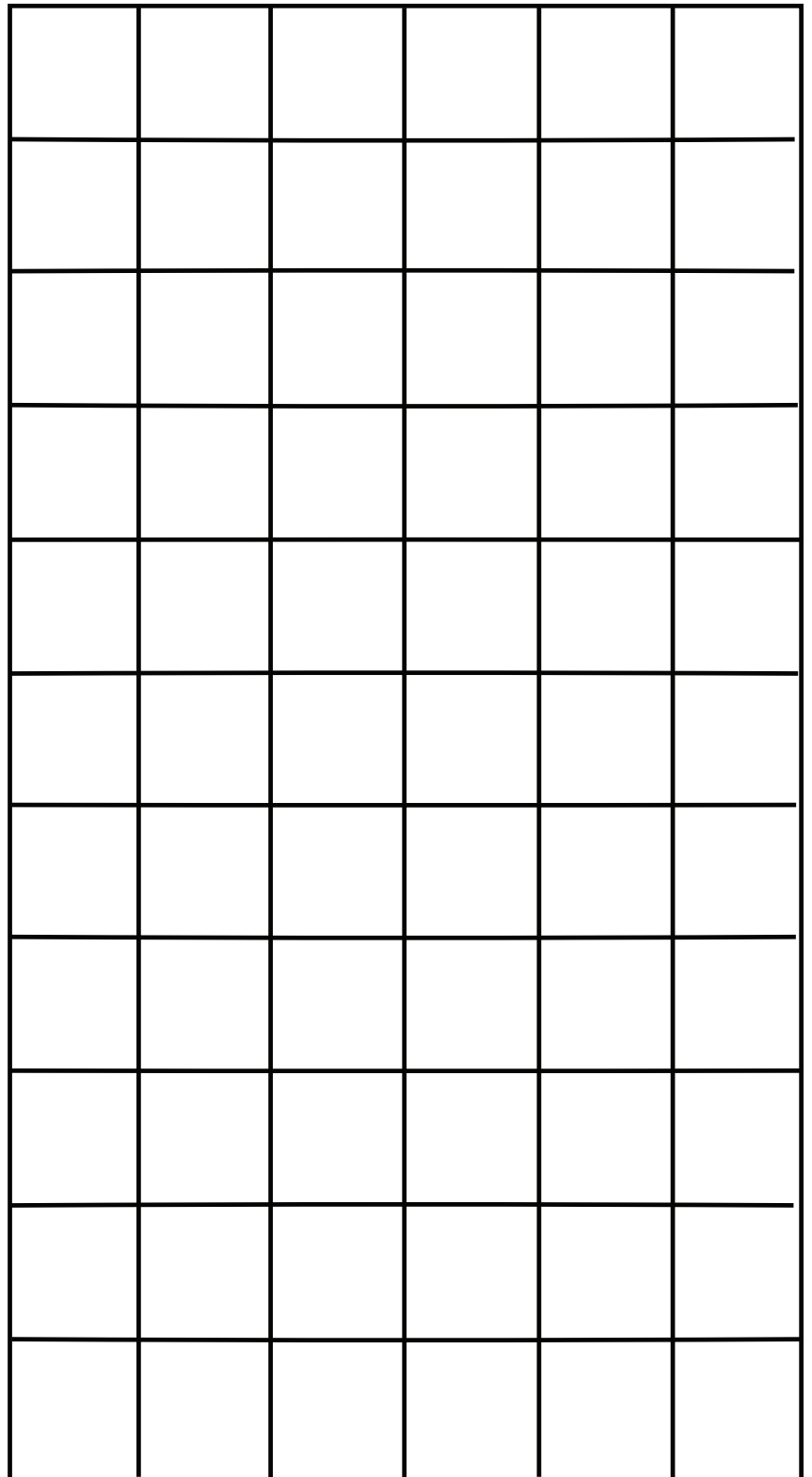
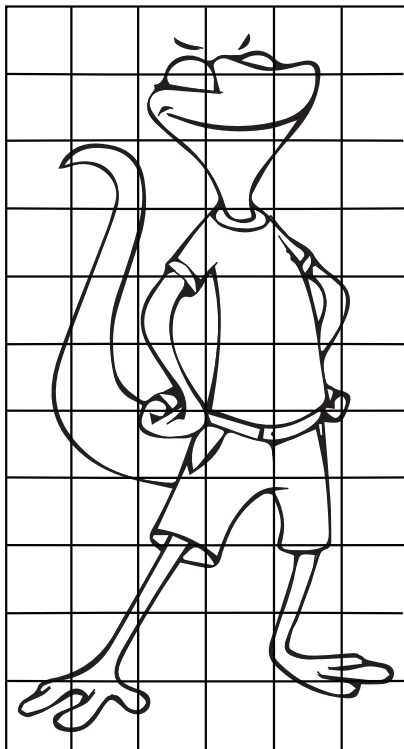
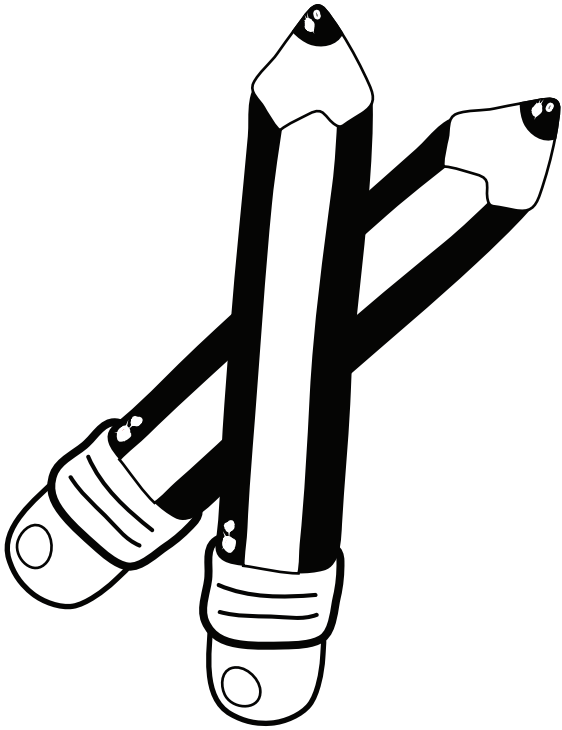
DON'T BE A BULLY

REMEMBER TO TREAT OTHERS ONLINE AS YOU WOULD LIKE TO BE TREATED. DON'T SAY ANYTHING ONLINE YOU WOULDN'T SAY TO SOMEONE'S FACE. AN ONLINE COMMENT CAN BE MORE HURTFUL THAN A FACE-TO-FACE INSULT, ONCE SOMETHING IS WRITTEN, THE PERSON AND OTHERS CAN READ IT OVER AND OVER AGAIN.



IF YOU OR SOMEONE YOU KNOW IS BEING BULLIED, TAKE ACTION. CYBERBULLYING IS AN OFFENCE. THE BEST THING YOU CAN DO TO TAKE A STAND AGAINST BULLYING IS TO REPORT IT TO A TRUSTED ADULT.

COPY THE PICTURE



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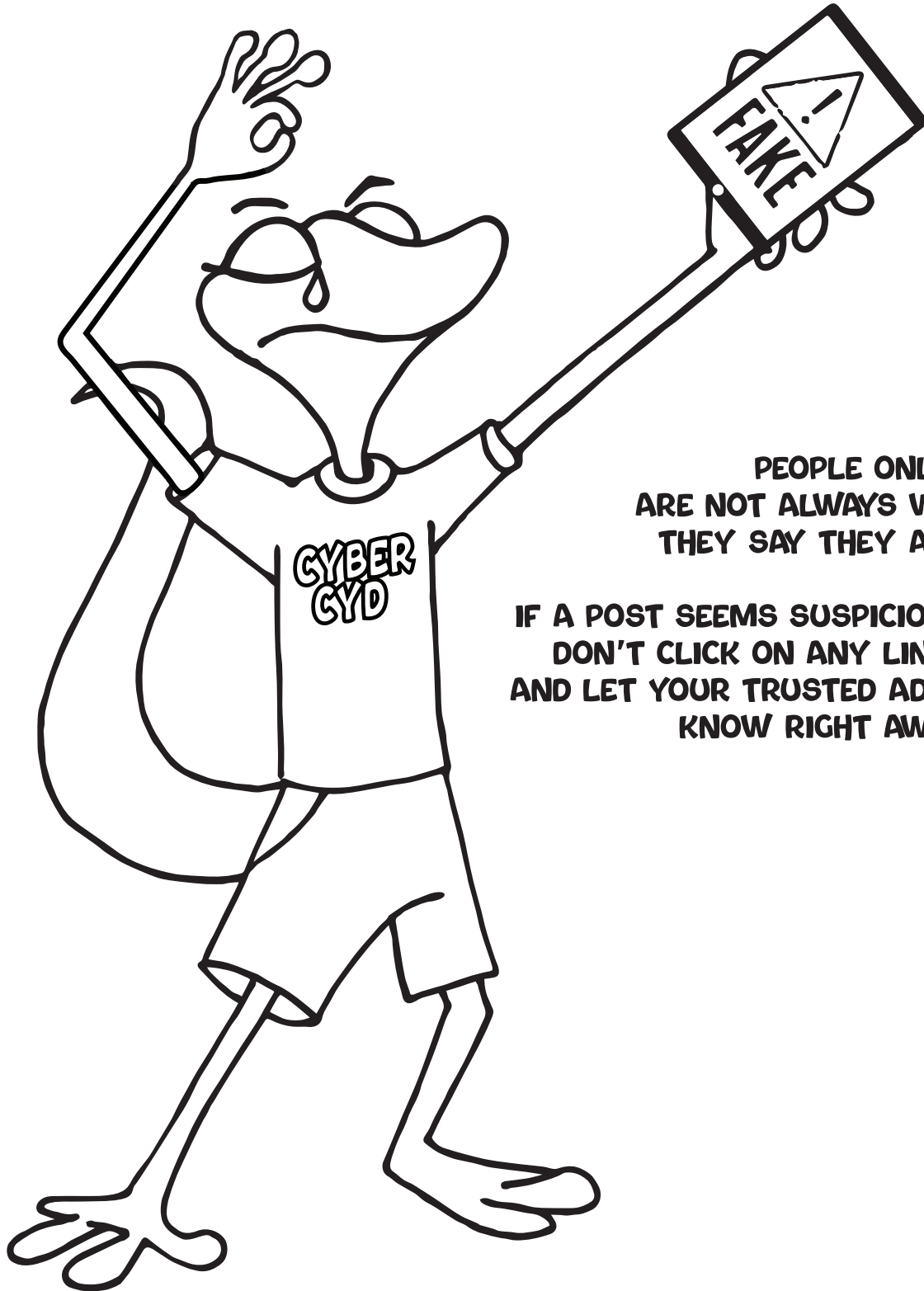
ASK PERMISSION

CYBER CYD WANTS TO DOWNLOAD A NEW GAME. HE HAS HIS MOM'S CREDIT CARD INFORMATION BUT IS NOT SURE IF HE SHOULD ASK PERMISSION FIRST. WHAT DO YOU THINK HE SHOULD DO? HOW COULD HE ASK HIS MOM FOR PERMISSION?



BEFORE USING THE INTERNET OR DOWNLOADING ANY SOCIAL MEDIA APPS OR DIGITAL GAMES, ASK YOUR PARENTS PERMISSION. CYBER CYD IS PROUD THAT HE IS A GOOD DIGITAL CITIZEN. WHAT ARE YOU DOING TO BE A GOOD DIGITAL CITIZEN?

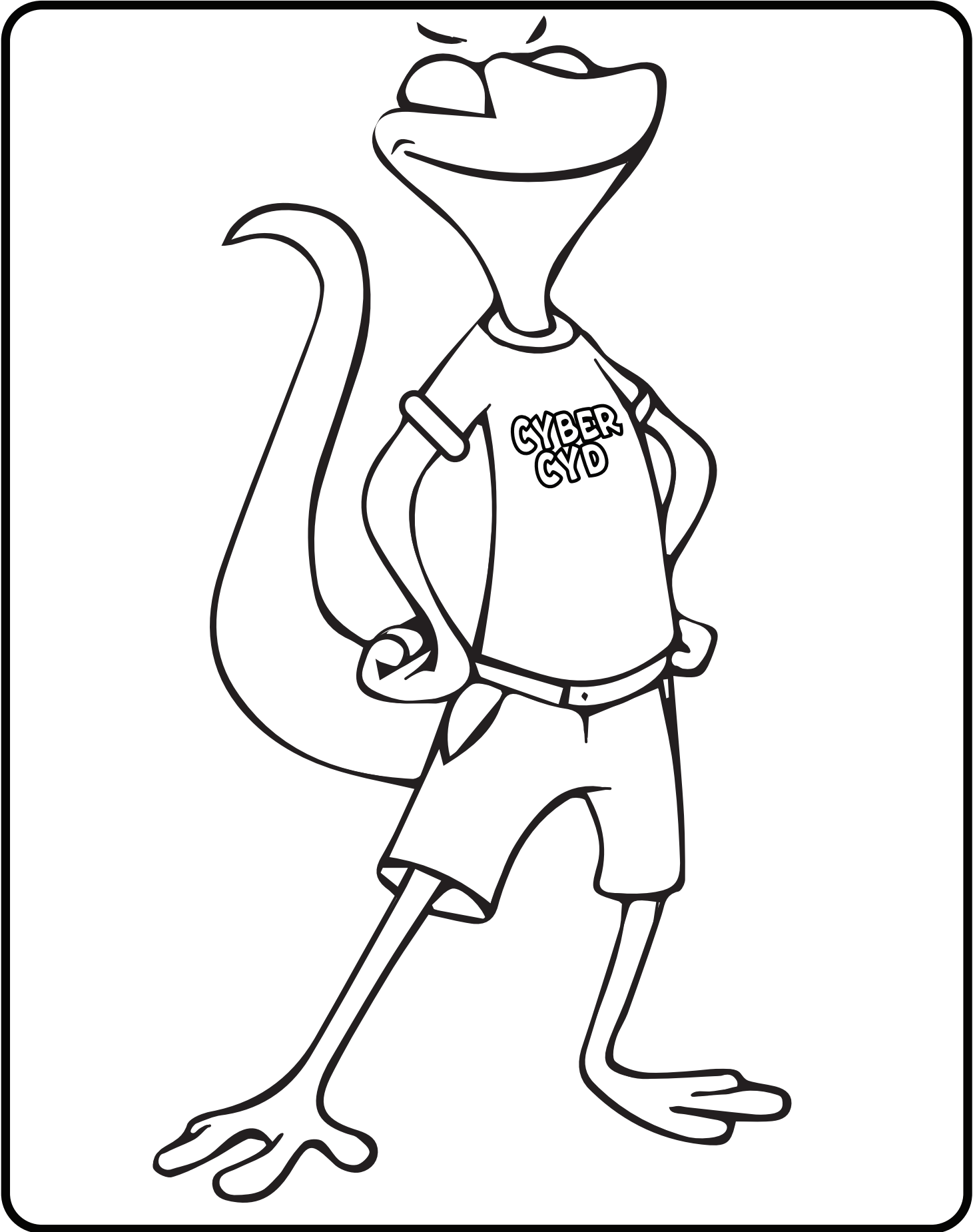
KNOW HOW TO SPOT A FAKE



**PEOPLE ONLINE
ARE NOT ALWAYS WHO
THEY SAY THEY ARE.**

**IF A POST SEEMS SUSPICIOUS,
DON'T CLICK ON ANY LINKS,
AND LET YOUR TRUSTED ADULT
KNOW RIGHT AWAY.**

SOME SITES LET KIDS MAKE FRIENDS WITH PEOPLE THEY MAY NOT KNOW IN REAL LIFE. ONLINE FRIENDS ARE NOT THE SAME AS IN-PERSON FRIENDS. NEVER AGREE TO MEET AN ONLINE FRIEND IN-PERSON OR GIVE OUR PERSONAL INFORMATION ABOUT YOURSELF OR OTHERS. IF YOU ARE THINKING ABOUT CREATING AN ONLINE ACCOUNT ON ANY PLATFORM, TALK WITH YOUR PARENTS FIRST AND SET SOME RULES.



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**SAFETY
TRUSTED ADULT
CYBER**

**PRIVACY
INTERNET
GAMING**

**DIGITAL
CYBERTIPS
COMPUTER**

**CELLPHONE
RESPECT
PAUSE**

CYD'S WORD SEARCH

C	X	T	J	S	Y	D	E	O	P
O	L	C	J	H	T	X	R	Q	R
M	A	E	C	M	E	L	O	D	I
P	T	P	M	M	F	X	E	N	V
U	I	S	L	M	A	T	T	I	A
T	G	E	Y	E	S	E	B	J	C
E	I	R	S	U	R	D	E	U	Y
R	D	U	R	N	I	D	Q	L	P
B	A	T	E	C	R	U	K	P	A
P	Y	T	C	Q	Y	V	D	D	Y
G	N	I	M	A	G	B	R	L	P
E	N	O	H	P	L	L	E	C	B
A	D	U	L	T	X	G	A	R	X
C	Y	B	E	R	T	I	P	S	L
H	S	Z	G	D	Z	T	B	T	Y

ANSWER KEY

H	S	Z	G	D	Z	T	B	T	Y
C	Y	B	E	R	T	I	P	S	L
A	D	U	L	T	X	G	A	R	X
E	N	O	H	P	L	L	E	C	B
G	N	I	M	A	G	B	R	L	P
P	Y	T	C	Q	Y	V	D	D	Y
B	A	T	E	C	R	U	K	P	A
R	D	U	R	N	I	D	Q	L	P
E	I	R	S	U	R	D	E	U	Y
T	G	E	Y	E	S	E	B	J	C
U	I	S	L	M	A	T	T	I	A
P	T	P	M	M	F	X	E	N	V
M	A	E	C	M	E	L	O	D	I
O	L	C	J	H	T	X	R	Q	R
C	X	T	J	S	Y	D	E	O	P



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